

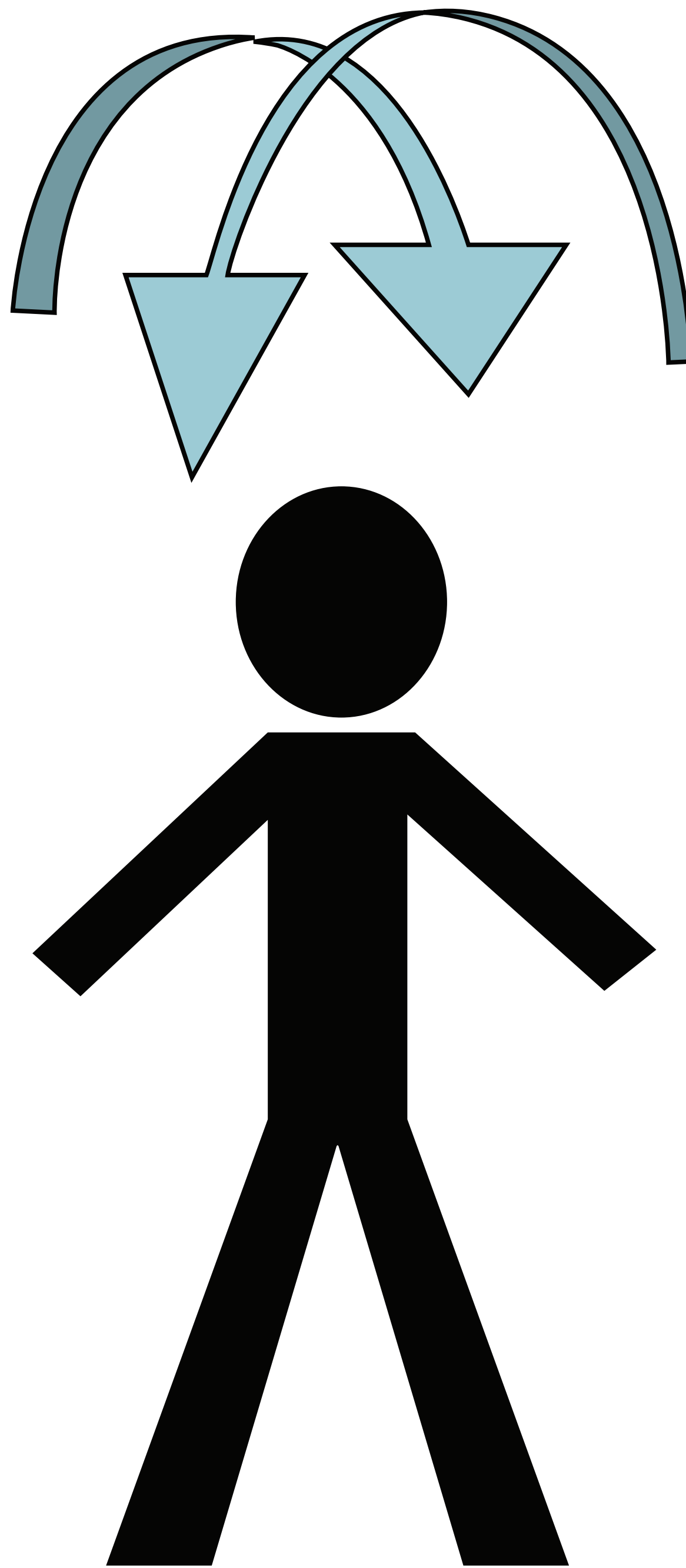
The Illusion of 3 Paradigms

Inside-Out

Mixed

Outside-In

Feelings are coming from thought in the moment



Feelings are coming from something other than thought in the moment

M I N D